

# The Great Mystery of the Horse-Human Connection



Image Source: iStock.com

by Nicole Miller

I fell in love with horses the way most young girls fall in love with horses – through movies, cartoons, horse figurines and even a wooden rocking horse. I couldn't get enough. Every company picnic, I'd spend all day on the pony rides.

Needless to say, my dad knew this wasn't a childhood phase. My mother had owned horses, and it must have been in the blood.

When we moved onto property, I was given my very first horse, and it was all over for me. A dozen years, two rodeo queen titles, and eight horses later, I'm still as obsessed, though I'm confined to city limits most days.

I now get a lot of my horse fix through blogs such as this one, which is how I've come to be the voice in front of you.

Since the day I started cleaning stalls at the age of 12 simply to be around horses, the horse-human connection has fascinated me. It seems to have captured quite a few folks:

In "Hollywoodland"\* and beyond, there are many celebs known

for their love of horses:

- Selma Blair
- Gisele Bundchen
- Madonna
- Christine Brinkley
- Johnny Depp
- Jennifer Garner
- Elizabeth Taylor
- Viggo Mortensen
- Joe Perry
- Robert Redford
- Nicole Kidman
- Jewel
- Lucy Liu



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My own list:

- Jennifer Lawrence
- Patrick Swayze (was a champion for the Arabian breed)
- Russell Crowe
- Jamie Foxx (anyone catch the fact that he did his own horse stunts in *Django Unchained*?)
- Ronald Reagan
- Queen Elizabeth (she's still riding!)
- Captain Kirk – I mean – [William Shatner](#)

There are so many more...

But what is it? What is that spark that draws some people to horses (and not others?)

In future posts, I will examine humans throughout history who have truly loved their horses and sometimes how that love impacted history. First off, I'd love to hear what you think.

**Readers: What is it about horses that draws you in? How would you define the horse-human connection?**

*\*I'm reading a great book about the cowboys who shaped the early movies and I just love calling it Hollywoodland.*

**\*\*Source:**

<http://wonderwall.msn.com/movies/celebs-who-love-horses-12403-gallery>